

# Where to Start: Yoga and the Role of Occupational Therapy

OTPF-4:

Gaps with Yoga Research:

## Research Articles:

Effect of yoga therapy on facial emotion recognition deficits, symptoms and functioning in patients with schizophrenia.

Efficacy of the Get Ready to Learn Yoga Program Among Children With Autism Spectrum Disorders: A Pretest-Posttest Control Group Design.

Yoga for reducing perceived stress and back pain at work.

Merging Yoga and Occupational Therapy (MY-OT): A feasibility and pilot study.

Perceptions of Children Who Participated in a School-Based Yoga Program.

Yoga versus standard care for schizophrenia.

A systematic review of yoga for state anxiety: Considerations for occupational therapy.

Yoga intervention and functional pain syndromes: a selective review.

Impact of yoga on balance, balance confidence and occupational performance for adults with diabetic peripheral neuropathy: A pilot study.

Underuse of Yoga as a Referral Resource by Health Professions Students.

Cost-effectiveness of yoga for managing musculoskeletal conditions in the workplace.

Self-Management and Yoga for Older Adults with Chronic Stroke: A Mixed-Methods Study of Physical Fitness and Physical Activity.

Participant-perceived outcomes of merging yoga and occupational therapy: Self-management intervention for people post stroke.

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Yoga improves occupational performance, depression, and daily activities for people with chronic pain.

Effectiveness of yoga training program on the severity of autism.

Effects of Yoga on Musculoskeletal Pain.

Yoga versus non-standard care for schizophrenia.

Long-Term Improvements in Psychological Health Following a Yoga-Based Program for Professionals.

Merging Yoga and Occupational Therapy for Parkinson's Disease: Program Adaptation and Development.

The Effectiveness of a Manualized Yoga Intervention on Classroom Behaviors in Elementary School Children with Disabilities: A Pilot Study.

Mindfulness and human occupation: A scoping review.

Systematic Review of Yoga and Balance: Effect on Adults With Neuromuscular Impairment.

Merging Yoga and Occupational Therapy for Parkinson's Disease: A Feasibility and Pilot Program.

Yoga, Anxiety, and Occupational Engagement in Older Adults: A Pilot Study.

Yoga improves balance, mobility, and perceived occupational performance in adults with chronic brain injury: A preliminary investigation.

Occupational therapists' use of yoga in post-stroke care: A descriptive qualitative study.

Merging Yoga and Occupational Therapy for Parkinson's Disease improves fatigue management and activity and participation measures.